

FOR SMALL GROUPS, 15 TRAVELLERS MAX. TO NORTHERN CROATIA AND SLOVENIA "ZAGREB, LJUBLJANA, ISTRIA, KRK ISLAND, VELEBIT AND PLITVICE" IN 8 DAYS

wellness, discovery and sport

YOUR ITINERARY



Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

PROGRAM

Day 1: Arrival at Zagreb airport – overnight in Tuhelj thermal baths

Arrival at Zagreb airport.

Meeting with your English-speaking tour guide and your minibus driver.

Transfer to Tuhelj thermal baths. Travel time: 45min

Check in at hotel Well 4* designed by a Croatian sculptor according to the principles of sustainable development. Underground corridors connect the hotel to the thermal baths, indoor thermal pools, swimming pool complex "Water planet", sauna area "Sauna World", SPAeVita centre and the fitness centre.

Dinner in hotel restaurant.



The Tuhelj baths are renowned in Europe. The baths are located on a hot water spring, with a temperature of 32/33°C forming a peloid mud. The mud contains a granular structure with elements of silica, aluminium, iron, magnesium, natrium oxide, sulphur and other organic materials. This mud is among the best in central Europe. The mud treatment effects are beneficial for the body, in particular for arthritis, rheumatism diseases, in post-operative recovery processes, in case of joint and bone injuries or mobility difficulties. The mud is particularly effective for the regeneration and beauty of the skin and treats diseases such as acne. Bath treatments play an important role in body relaxation, stress toxins elimination and the rejuvenation of the body.



The Tuhelj baths feature "Sauna World" complex with:

- 4 Finnish saunas with chromotherapy, sauna with bio-ionizing crystals, extreme sauna and panoramic sauna
- 3 steam saunas - mud, salt and double steam
- laconium - relaxes and rests body and mind
- whirlpool - jacuzzi at 34°C
- water beds
- Kneipp path - alternately hot and cold path beneficial for circulation
- the ice cave and the cold pool (20°C) for cooling your body and mind after sauna
- relaxation areas and rooms with swings for tranquility and rest



Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

- wellness bar - drinks and light meals
- terrace and tanning area

Day 2: Wellness and Zagreb – overnight in Tuhelj thermal baths

Breakfast.

Wellness morning. You can book mud massages and enjoy the hotel facilities.

Lunch in hotel restaurant.

Transfer to Zagreb. Travel time: 45min

Walking tour of Zagreb with a local guide, including the Croatian museum of Naive art and the cathedral. You will discover the two hills that mark the history of the Croatian capital and the green market. Those hills are the Bishop's Hill Kaptol and the Lords' Hill Gradec or Grič, where the Croatian government and Parliament are still located today.



Time at leisure.

Transfer to the hotel.

Dinner in hotel restaurant.

Day 3: Slovenia with Ljubljana and potholing in Postojna caves – overnight in Volosko - Croatia

Breakfast.

Transfer to Ljubljana. Travel time: 2h

Walking tour of Ljubljana with a local guide, including the Saint Nicholas cathedral. You will also discover the monument to Napoleon, the main street with the City Hall and the Prešeren square.

Ljubljana is the Slovenian capital and was the seat of the Napoleonic province of Illyria, covering today's Croatia and Slovenia. The cathedral is a beautiful example of Baroque architecture. The picturesque alleys of the old town set along the river create a warm atmosphere. Ljubljana and the whole country of Slovenia cherish the relationship of men with nature. Slovenia is the greenest country in Europe.



Time at leisure.

Traditional lunch in the brewery Union where you can enjoy the local atmosphere and the daily menu with starter, soup, main course and dessert.



Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

Transfer to Postojna caves. Travel time: 30min

We offer a speleology program accompanied by a specialized guide. You will discover parts of the cave system inaccessible to the public and that can only be visited with specialized tours.

All the equipment (suits, ropes...) is provided, the physical level of the tour is easy.

Duration of the cave's exploration: 2 to 3 hours not including the briefing and clothing.

The Postojna caves are the result of an underground river who dug and abandoned two beds. The river still digs deeper and deeper to form new beds. The abandoned riverbeds became caves, the humidity and the percolation of water from the surface generated huge stalactites and stalagmites: a real maze of organic walls. The Postojna caves are the largest cave network accessible to the public in the world. The visit starts with a ride on a small train, then continues on foot with an English-speaking guide and returns to the starting point by train. The constant temperature in the caves is 9°C (48F). During the visit you will also discover the olm or "proteus anguinus", an aquatic salamander living up to 70 years!



Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

Continue to Volosko in Croatia. Travel time: 1h15
Check into the 4* hotel Villa Kapetanović, located in the town of Volosko, near Opatija. This family-run hotel has a restaurant listed in the Gault & Millau guide, boasting a terrace with panoramic view of the Kvarner bay. The hotel features an outdoor swimming pool with hydromassage and a SPA area.



The hotel offers shuttle transfers to Opatija.
Dinner in hotel restaurant.

We recommend visiting Opatija in the evening.
Opatija was the one of the first towns to develop tourism in Croatia and on the Adriatic Sea. Austrian secession architecture is the predominant building style, a reminder of the mid-19th century when the main visitors were the Central European upper class and political elite. Opatija still today remains a synonym for a stylish travel destination. Opatija is renowned for the Lungomare seaside promenade (the longest in Croatia, 12km) connecting the old abbey, the Imperial hotel and the villa Angiolina.



Day 4: Istria – quad and 4x4 in the Raša valley, Pula – overnight in Volosko

Breakfast.

Transfer to Barban. Travel time: 40min

Transfer to the 4x4 and quad adventure starting point.

Travel time: approximately 45min

For security reasons, the group is split in two. One part of the group starts the tour in quad vehicles while the other part begins with 4x4. The whole group follows a similar itinerary but the paths are different to compensate the speed difference and to allow the participants to change vehicles.

The tour begins with a short briefing and test stage allowing participants to familiarize with the vehicles.

The tour is led by English-speaking guides. You will

descend to the Raša bay through muddy and rocky areas with magnificent panoramic views on the sea and the mountains.



During breaks, fun surprise activities will enhance the adventure.

The difficulty level will be adapted to the group's experience (1 person per quad / 2 people per 4x4)

Tour duration: approximately 4h

Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

The morning tour will end with a traditional lunch in an agritourism restaurant.

Menu

Starter: Smoked ham and Istrian cheese

Main dish: stewed veal and lamb with potatoes

Salad

Homemade dessert

The meal reveals the typical „under the bell“ cuisine: different kinds of meat and potatoes are put on a metal platter, on a bed of embers and covered with a metal bell-shaped lid. The meal is cooked for 3 hours in the stew. Food becomes crisp on the surface but melts on the inside.



Pick up by bus and transfer to Pula. Travel time: 40min

Visit Pula.

Pula is a Roman city with one of the best-preserved amphitheatres in the world dating back to the 1st century AD. The amphitheatre is still in use for concerts and theatre performances. The nearby old town has also beautiful monuments from the Roman past. You can enter the old town through the Roman triumphal arch, the main square is a Roman forum with the temple of Augustus, now converted into a museum. You can also visit the 17th century Austrian fort in the upper part of the city.



Return to Villa Kapetanović following the Mirna river canyon.

Travel time: approximately 1h30

Dinner in hotel restaurant.

Day 5: Sea kayaking on the island Krk– overnight in Volosko

Breakfast.

Bus transfer to the town of Punat on the island of Krk.

Travel time: 1h

Sea kayaking along the island of Košljun and the northern part of the island of Krk, a protected and wild environment. The islands of Krk and Cres are home to the griffon vulture, a very rare and protected species of bird.

Duration of the sea kayaking tour: 3h

Transfer to the town of Krk. Travel time: 20min

Lunch in a restaurant in the old town.

Menu

Starter: fish soup

Main dish: grilled fish with grilled vegetables

Dessert: homemade cake



Visit Krk. Swimming opportunity.

Krk is the largest Croatian island with 410 km². It was home of the Frankopans, the most powerful Croatian noble family. The town of Krk is built in stone with ancient lush palaces next to simple fishermen's homes.

Return to Volosko.

Dinner in hotel restaurant.



Day 6: Hike in the Velebit national park – overnight in Otočac

Breakfast and packed lunch pick up.

Transfer to Zaviždan, one of the entrances to the national park Velebit.

Travel time: 2h30

Velebit is the biggest mountain range in Croatia, stretching on almost 200 km with peaks up to 1800m. It encloses the Kvarner bay in the mainland and offers splendid scenic views on the beautiful archipelago. The botanical diversity is exceptional due to steep slopes generating a large number of different niches over short distances. The wildlife is made of brown bears, wolves, lynx, deer, grouse, otters... Walk on the Premužić trail named after its creator, a 19th century



Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

biologist and forest engineer. The trail is a genuine masterpiece of engineering.

Distance: 16 km - Level: easy-medium 2-3 / 5

Duration of walk: 5h

Elevation: 500m

Picnic lunch in the park.

Bus pick up and transfer to Otočac. Travel time: 1h

Check in hotel Park Exclusive 4*. The hotel is centrally located, featuring a Finnish sauna and fitness.

Dinner in hotel restaurant.



Day 7: Hike in the Plitvice lakes national park (UNESCO) and zipline on the river Korana – overnight in Zagreb

Breakfast.

Transfer to the Plitvice national park. Travel time: 45min

Visit the national park with the Upper lakes, the travertine waterfalls, the electric boat on the central lake Kozjak and the Lower lakes with the Big waterfall.

Distance: 8km - Effective walking time: 5h - Level: 2/5

The Plitvice Lakes are located in the mountainous Lika region, near the border with Bosnia and Herzegovina. The national park is a natural phenomenon, part of UNESCO natural world heritage sites. It consists of 16 lakes with crystal clear water which flow into each other in magnificent waterfalls. A paradise of nature.



Lunch in a restaurant in the national park.

Menu

Starter: mushroom soup

Main dish: grilled trout with steamed potatoes and chard

Dessert: apple puff pastry

Continue downstream along the Korana river canyon for a zipline ride of more than 300m, one of the longest in the Balkans.



Proceed to Zagreb. Travel time: 2h30

The Central hotel is of modern design located near the Zrinjevac park; a pleasant 10-15 min walk from the city-centre.

Dinner in hotel restaurant.



Day 8: Departure from Zagreb airport

Breakfast.

Transfer to Zagreb airport. Travel time: 40min

Departure flight.

Sveta Ana d.o.o.

Poljice 26, 20215 Gruda (Dubrovnik), Croatia - OIB : 23937903437

Tel : 00 385 (0) 99 33 33 002

Web : www.sveta-ana-travel.com – email : info@sveta-ana-travel.com

TOUR PRICE

THE PRICE INCLUDES:

- Accommodation for 7 nights in 3* and 4* hotels on half-board basis. Namely: 2 nights in hotel Well 4* in Tuhelj, 3 nights in hotel villa Kapetanović 4* in Volosko, 1 night in hotel Park Exclusive 4* in Otočac and 1 night in hotel Central 3* in Zagreb
- Transport by tourist minibus with all associated costs (tolls, parking fees, ferries, etc.)
- English speaking tour leader
- Entrances to the national parks Velebit and Plitvice and monuments mentioned as « included » in the program
- Sea kayaking tour on the island Krk
- Potholing in Postojna cave
- Quad / jeep adventure in Raša
- Zipline over the Korana river
- Lunch in Tuhelj, Ljubljana, Barban, Krk and Plitvice, one packed lunch
- Assistance, insurance and organization costs of Sveta Ana travel agency

NOTES

- Sveta Ana travel agency checks the availability of hotels before writing the offer but does not guarantee the availability of the hotels prior to the definitive confirmation from the customer. If at the time of confirmation, the hotels are no longer available, Sveta Ana travel agency will undertake necessary steps to find similar accommodation, nearby the hotels listed in the initial offer. The prices listed above are subject to change and will be confirmed upon request for specific dates.
- Travel distances and times are given for regular driving conditions and for reference only. They can vary depending on random factors such as road work, accidents, traffic jams, bad weather ...

CANCELLATION TERMS

Cancellations must be written and sent by email to the local agency. Cancellation fees vary depending on when the cancellation occurs:

- more than 30 days prior to departure: 25% of the price of the trip,
- from 30 to 7 days prior to departure: 50% of the price of the trip,
- from 7 days prior to departure to the day of the departure of the trip: 100% of the price of the trip